

### NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968. Recognized by Indian Nursing Council and A.P. Nurses & Midwives Council Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada. Accredited by "International Accreditation Organization (IAO)"

### REPORT ON WORLD ALZHEIMER'S DAY PROGRAM 2025

The Department of Mental Health Nursing, Narayana College of Nursing, successfully organized a World Alzheimer's Day program titled "Remember Me - A Program to Mark World Alzheimer's Day 2025" on 21st September 2025 at the Smart Classroom. The program was conducted with the objective of creating awareness about Alzheimer's disease and other dementias, emphasizing the significance of early diagnosis, elderly mental health care, and the vital role of caregivers in improving quality of life.

The program commenced with a brief and meaningful introduction by **Dr. B. Vanaja Kumari**, Principal, Narayana College of Nursing, who highlighted the growing burden of dementia and the responsibility of nursing professionals in providing compassionate and evidence-based care. The event witnessed enthusiastic participation from over 99 students and faculty members, reflecting keen interest in mental health awareness. A warm welcome address was delivered by Mrs. S. Suchitra, who emphasized the importance of empathy, sensitivity, and awareness in nursing practice, especially while caring for the elderly population. Dr. Anjani Devi delivered an insightful keynote address, elaborating on the clinical manifestations, psychological impact, and emotional challenges associated with Alzheimer's disease, benefiting both students and faculty.

A thought-provoking documentary depicting real-life experiences of Alzheimer's patients and their caregivers left a deep impression on the audience. An engaging interactive session conducted by Mr. Deepak encouraged participants to reflect on elder care responsibilities and social accountability. Students actively participated in a quiz competition aimed at reinforcing knowledge and promoting awareness about Alzheimer's disease. Prizes were distributed to the winners to encourage participation and learning. The program also included a collective pledge, where participants committed themselves to spreading awareness and advocating for the care and dignity of the elderly. The event concluded with a vote of thanks by Ms. T. Chandhana, acknowledging all contributors and participants.

Overall, the program was informative and impactful, enhancing knowledge, fostering compassion, and motivating nursing students toward mental health advocacy and geriatric care.

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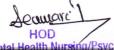
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